



**Vision**

All residents of Western New York will have easy access to a full continuum of high quality behavioral health treatment and recovery services, which they can utilize without fear of stigma or discrimination.



**Mission**

Lake Shore Behavioral Health, Inc. promotes self-sufficiency, mental wellness and recovery, and an enhanced quality of life for all individuals with mental illnesses and chemical abuse disorders by providing effective, accessible and culturally sensitive services.



**Who We Are**

Lake Shore Behavioral Health, Inc. is a private, not-for-profit corporation governed by a volunteer board of directors. It is a charitable organization qualified under Section 501(c)(3) of the Internal Revenue Code. Lake Shore Behavioral Health, Inc. operates programs licensed by the New York State Office of Mental Health and the New York State Office of Alcohol and Substance Abuse Services.



**Service Locations**

**Mental Health Clinic Treatment**

- Lower West Side Counseling — 716-884-0700  
951 Niagara St. / Buffalo, NY 14213
- Linwood Community Services — 716-882-3151  
625 Delaware Ave., Suite 204 / Buffalo, NY 14202
- North Collins Clinic — 716-337-3706  
2107 Spruce St. / North Collins, NY 14111
- Abbott Corners Counseling — 716-822-2117  
3176 Abbott Rd., Bldg. A / Orchard Park, NY 14127

**Personalized Recovery Oriented Services (PROS)**

- Abbott Corners PROS — 716-822-2117  
3176 Abbott Rd., Bldg. A / Orchard Park, NY 14127
- Franklin Recovery PROS — 716-852-1117  
254 Franklin St. / Buffalo, NY 14202
- North Collins PROS — 716-337-3706  
2107 Spruce St. / North Collins, NY 14111

**Intensive Mental Health Services**

- Assertive Community Treatment — 716-856-2587  
430 Niagara St. / Buffalo, NY 14201
- Homeless Services — 716-856-9711  
430 Niagara St. / Buffalo, NY 14201
- Case Management — 716-856-2587  
430 Niagara St. / Buffalo, NY 14201
- Harambee House — 716-218-2400  
108 Sycamore St. / Buffalo, NY 14204

**Outpatient Substance Abuse Treatment**

- Drug & Alcohol Abuse Services — 716-883-5344  
951 Niagara St. / Buffalo, NY 14213
- Maternal Support Program — 716-883-5344  
951 Niagara St. / Buffalo, NY 14213
- Adolescent Treatment Program — 716-883-5344  
951 Niagara St. / Buffalo, NY 14213
- Abbott Corners Addiction Services — 716-822-2117  
3176 Abbott Rd., Bldg. A / Orchard Park, NY 14127

**Residential Substance Abuse Treatment for Women**

- The Lighthouse Residence — 716-831-7877  
244 Hempstead Ave. / Buffalo, NY 14215

**Vocational and Rehabilitation Programs**

- Lake Shore Vocational Services — 716-852-1117  
254 Franklin St. / Buffalo, NY 14202



**For services call Central Intake  
716-884-0888**

**Administrative Office - 716-842-0440**  
255 Delaware Ave., Suite 300 / Buffalo, NY 14202

For more info: [www.lake-shore.org](http://www.lake-shore.org)



# Lake Shore Behavioral Health Agency Services

*“Mental illnesses and chemical dependencies are treatable disorders from which individuals can recover.”*

Howard Hitzel, Psy.D.  
President, Lake Shore Behavioral Health

## Mental Health Services

### Mental Health Counseling

Lake Shore Behavioral Health (LSBH) outpatient mental health clinics provide individual and group counseling and medication therapy for people experiencing a wide range of difficulties, including stress, relationship and family problems, anxiety, and depression.

### Personalized Recovery Oriented Services (PROS)

Rehabilitation and recovery services are available for individuals with serious mental illnesses through LSBH's PROS programs. PROS offers medication therapy as well as skill development and support services necessary for an individual to be successful in his or her chosen life role.

## Intensive Mental Health Services

### Homeless Services

LSBH provides a range of support and treatment services to homeless persons with mental illnesses. Services include outreach, crisis intervention, mental health and substance abuse counseling, linkage to housing, and operation of Harambee House, a residence for chronically homeless individuals.

### Assertive Community Treatment (ACT)

LSBH has two ACT teams to address the needs of individuals with severe mental illnesses who are non-responsive to traditional treatment and are in greatest need. Services include mental health treatment, intensive case management, vocational services, family support, and peer counseling.

### Case Management

Case managers provide consumers with services in support of treatment, including linking, advocacy, monitoring, and service planning.

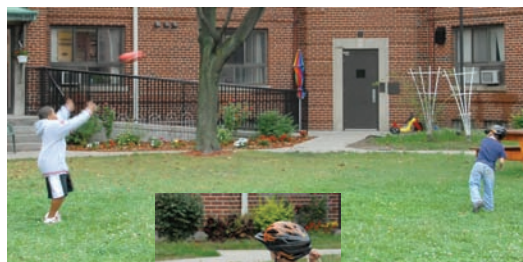
## Chemical Dependency Services

### Outpatient Treatment

LSBH's outpatient chemical dependency programs offer a comprehensive menu of services for adults and adolescents, including group and individual counseling, psychiatric evaluation, case management, and vocational services. Specialized services are available to pregnant and parenting women.

### Intensive Residential Substance Abuse Treatment

The Lighthouse provides comprehensive substance abuse treatment, parenting skills education, and rehabilitation services for women struggling with serious drug abuse and addiction. The program accommodates 20 women and up to 26 children. Children live with their mothers and attend school or day care while their mothers are in treatment. Program stay is 9-12 months.



*The Lighthouse accommodates 20 women and up to 26 children.*

## Vocational Services

LSBH offers vocational and employment services for individuals recovering from mental illnesses. Services include vocational assessment, job training, career selection, individualized job development, placement, and job coach support. Long-term support is provided through the PROS program to ensure successful job retention.



*Harambee House is a residence for individuals with mental illnesses who have been chronically homeless.*

**All services are available in Spanish.**

*Funded in part by the New York State Office of Mental Health, New York State Office of Alcoholism and Substance Abuse Services, and the Erie County Department of Mental Health.*